

# İÇİNDEKİLER

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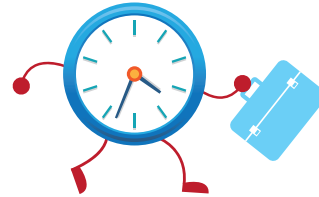
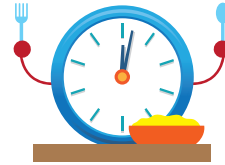
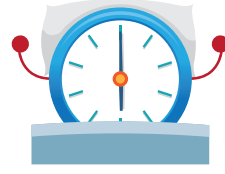


## UNIT 4

### MY DAILY ROUTINE

#### Vocabulary

<b>Arrive</b>	→	Varmak, ulaşmak
<b>Daily routine</b>	→	Günlük yaptığımız işler
<b>Early</b>	→	Erken
<b>Every day</b>	→	Her gün
<b>Get on</b>	→	Binmek
<b>Get up</b>	→	Kalkmak, yataktan kalkmak
<b>Leave</b>	→	Ayrılmak
<b>Online</b>	→	Çevirim içi
<b>Parent</b>	→	Anne, baba, ebeveyn
<b>Shopping</b>	→	Alışveriş
<b>Sleep</b>	→	Uyumak
<b>Take care</b>	→	Kendine iyi bak.
<b>Wake up</b>	→	Uyanmak
<b>Wash</b>	→	Yıkamak
<b>Watch</b>	→	İzlemek
<b>Weekday</b>	→	Hafta içi
<b>Weekend</b>	→	Hafta sonu
<b>Brunch</b>	→	Geç kahvaltı
<b>Together</b>	→	Birlikte



Activity 1

Match the activities with the pictures

a) Comb hair



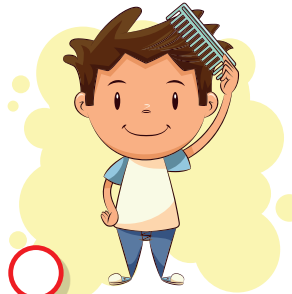
f) Wash face

b) Get up



g) Go to school

c) Get on the bus



h) Read books

d) Brush teeth



i) Do homework

e) Get dressed



j) Have breakfast

**SIMPLE PRESENT TENSE**

Günlük yapılan rutin işlerden bahsederken "simple present tense" (geniş zaman) kullanırız.

**(+) Positive Sentences**

I  
You  
We + read + a book + in the evenings  
They

---

He  
She + reads + a book + in the evenings  
It

! Olumlu cümlelerde üçüncü tekil şahıs (He-She-It) ile cümle kurduğumuzda fiile **-s** takısı ekleriz.

- Mike gets up early in the mornings.
- She arrives at school at nine o'clock.

! Sonu "**-s, -ss, -sh, -ch, -x, -o**" ile biten fiillere **-s** yerine **-es** ekleriz.

go → goes                      brush → brushes  
fix → fixes                      kiss → kisses  
watch → watches              finish → finishes

- Sally brushes her teeth every morning.

! Sonu "**-y**" ile biten fiillerde **-y**'den önceki harf ünsüz ise **-y** düşer ve "**-ies**" takısı eklenir.

cry → cries                      study → studies

- Martin studies his lessons every day.

### (-) Negative Sentences

I  
You  
We + don't + sleep + late in the evenings.  
They

He  
She + doesn't + sleep + late in the evenings.  
It

- ! Olumsuz cümlelerde üçüncü tekil şahıs (He-She-It) ile cümle kurarken "don't" yerine "doesn't" kullanıyoruz. "doesn't" içinde -es takısı bulunduğu için fiile olumlu cümledeki gibi -es takısı eklemiyoruz.

### (?) Question Sentences

I  
Do + you + play + the guitar ?  
we  
they

he  
Does + she + sleep + late in the evenings?  
it

- ! Tıpkı olumsuz cümlelerde olduğu gibi soru cümlelerinde de "does" kullandığımız için üçüncü tekil şahıslarda (He-She-It) fiile -s takısı eklemiyoruz.

- Fiile -s takısı eklemek sadece olumlu cümlelerde gereklidir.



Activity 2

**Circle the correct choice in the sentences**

- 1) Brad **brush / brushes** his teeth twice a day.
- 2) Jennifer **doesn't / don't** like watching television.
- 3) Adam and Mike **play / plays** table tennis in the afternoons.
- 4) I **doesn't / don't** get on the school bus in the mornings, because my father **take / takes** me to school by his car.
- 5) **Do / Does** Molly comb her hair in the mornings?
- 6) **Do / Does** this students play / plays in the garden at break time?
- 7) Tony **gets up / get** ups early in the mornings.
- 8) Emma **don't / doesn't** do her homework, but Nancy **do / does** her homework every day.



Activity 3

**Match the verbs with their halves**

- |                                   |              |
|-----------------------------------|--------------|
| <input type="checkbox"/> 1) Comb  | a) up early  |
| <input type="checkbox"/> 2) Get   | b) breakfast |
| <input type="checkbox"/> 3) Brush | c) bed       |
| <input type="checkbox"/> 4) Wash  | d) hair      |
| <input type="checkbox"/> 5) Go to | e) face      |
| <input type="checkbox"/> 6) Have  | f) teeth     |

## Activity 4

## Change the sentences

1) I listen to music every day.

-

\_\_\_\_\_

?

\_\_\_\_\_

2) Nancy gets on the school bus at eight o'clock.

-

\_\_\_\_\_

?

\_\_\_\_\_

3) Does George study his lessons every day?

+

\_\_\_\_\_

-

\_\_\_\_\_

4) Juliet doesn't comb her hair in the mornings.

+

\_\_\_\_\_

?

\_\_\_\_\_

5) Do the children play football in the garden?

+

\_\_\_\_\_

-

\_\_\_\_\_

6) We don't sleep early at nights.

+






\_\_\_\_\_

?

\_\_\_\_\_



**Sample Question**

				
George	✓	✓	✗	✓

Which of the choices is wrong according to the table above?

- A) George has a shower in the mornings.      B) George doesn't go to school by his bike.  
C) George goes skating after school.      D) George has his breakfast every morning.

**We Solved It!**

Soruda tabloya göre hangi şıkkın yanlış olduğu soruluyor.

- A şıkkı → "George sabahları duş alır." Doğru bir ifade.  
B şıkkı → "George okula bisikleti ile gitmez." Doğru bir ifade.  
D şıkkı → "George her sabah kahvaltısını yapar." Doğru bir ifade.  
C şıkkı → "George okuldan sonra paten kaymaya gider." Tabloya göre yanlış bir ifade.

Cevap: C

**Your Turn 1**



\_\_\_\_\_ Carlos like  
skateboarding?



No, he \_\_\_\_\_. He  
\_\_\_\_\_ skating.

Which of the following completes the dialogue correctly?

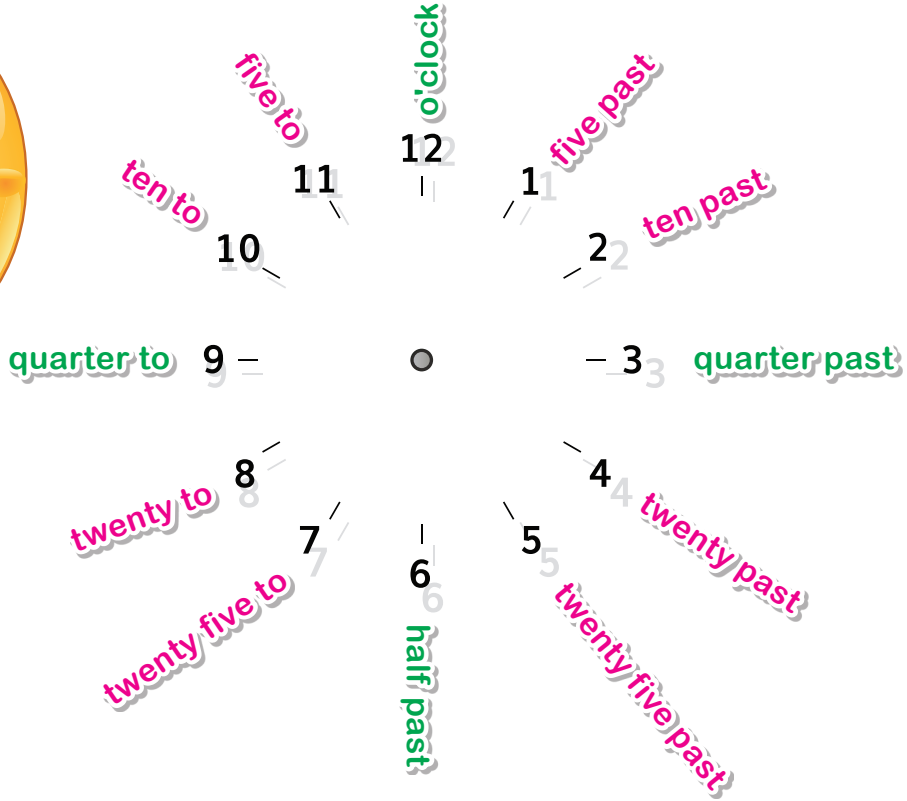
- A) Does - don't - likes      B) Does - doesn't - likes  
C) Do - doesn't - like      D) Do - don't - like

**Answer 1**

TIME

Saati sorarken;

- What time is it?
  - What is the time?
- (Saat kaç?) sorularını sorarız.



What time is it?

17:10 = It is ten past seven.

09:25 = It is twenty five past nine.

10:15 = It is quarter past ten.

12:30 = It is half past twelve.

03:35 = It is twenty five to four.

01:45 = It is quarter to two.





Activity 5

! Türkçede saati söylerken önce saati sonra dakikalık kısmı söyleriz, ama İngilizcede ağızımızdan önce dakikalık kısım sonra saat kısmı çıkar.

09:10 → Dokuzu on geçiyor.  
↙ ↘  
Ten past nine.



Saat gece 12'den öğlen 12'ye kadar olan zaman dilimindeyse; **a.m.**



Öğlen 12'den gece 12'ye kadar olan zaman dilimindeyse; **p.m.** kullanırız.

What time is it?

1) 08:50 = \_\_\_\_\_

2) 19:30 = \_\_\_\_\_

3) 13:25 = \_\_\_\_\_

4) 02:10 = \_\_\_\_\_

5) 17:35 = \_\_\_\_\_

6) 10:45 = \_\_\_\_\_

7) 04:15 = \_\_\_\_\_

8) 21:40 = \_\_\_\_\_

9) 11:05 = \_\_\_\_\_

\* Bir aktivitenin saat kaçta yapıldığını söylerken saati cümleye "at" ile bağlıyoruz.

- I go to school **at** half past eight.  
(Saat sekiz buçukta okula giderim.)
- My school bus comes **at** nine o'clock.  
(Okul servisim saat dokuzda gelir.)
- What time do you get up?  
↳ I get up **at** quarter past seven.
- What time does Juliet have her lunch?  
↳ She has her lunch **at** half past twelve.

**Activity 6**

Answer the questions



A= What time does Sally have breakfast?

B= \_\_\_\_\_

A= What time does Tom come back home?

B= \_\_\_\_\_



2)



A= What time does Jack go to his guitar course?

B= \_\_\_\_\_

A= What time does Lucy do her homework?

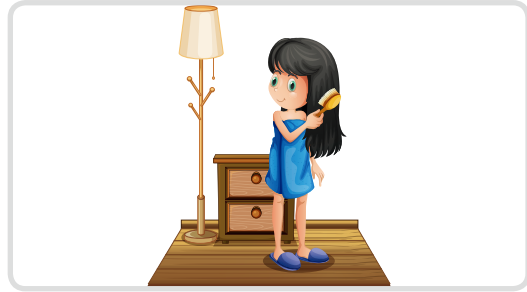
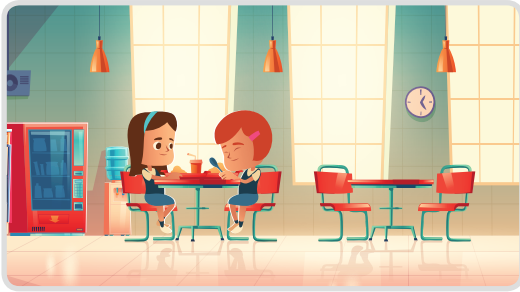
B= \_\_\_\_\_



**Activity 7**

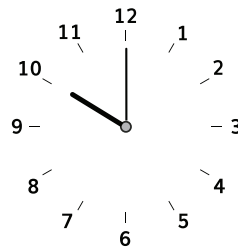
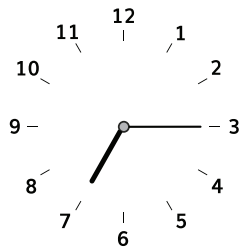
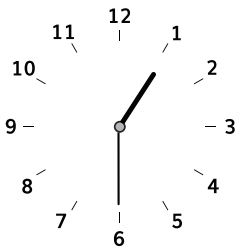
**Match the sentences with the activities**

- \* Sally gets on the bus in the mornings.
- \* Sally combs her hair every morning.
- \* Sally has her lunch at the school cafeteria.
- \* Sally reads a book before going to bed.



**Activity 8**

**What time is it?**



## Sample Question

After getting ready for the school, Ashlee gets on her school bus at quarter to nine a.m.

What time does Ashlee get on the school bus?

A)



B)



C)



D)



## We Solved It!

Soruda Ashlee'nin hangi saatte okul servisine bindiği soruluyor. "At quarter to nine a.m." a.m dediği için sabah saati olduğunu anlıyoruz. C şikkını eledik. "quarter to nine" dediği için "9'a çeyrek kala" yani sekiz kırkbeş olduğunu anlıyoruz. Ashlee servise 08:45'de biniyor.

Cevap: B

## Your Turn 2

Tiffany combs her hair, has a shower, brushes her teeth and gets dressed in the mornings. This is her daily routine.

Which of the following doesn't Tiffany do in the mornings?

A)



B)



C)



D)



## Answer 2

## Activity 9

## Read the text and answer the questions

Hello! I am Betsy. I am a 5th grade student at Shining Secondary School. I get up at half past seven in the mornings. I get dressed, wash my face and brush my teeth. I have my breakfast and get on the school bus at half past eight. My classes start at nine o'clock and I have six classes a day. I have my lunch at the school canteen.

I come back home at quarter to four and I have a rest. Then, I do my homework before dinner. At eight o'clock, we have dinner together. I sometimes watch TV or sometimes read a book. I go to bed at half past ten. This is my daily routine.



1) What is the name of Betsy's school?

---

2) What time does Betsy get up?

---

3) How many classes does she have a day?

---

4) What does Betsy do at eight o'clock?

---

5) What time does she go to bed?

---











## Activity 10

Write TRUE or FALSE according to the Betsy's daily routine.

- 1) Betsy walks to school in the mornings.
- 2) Betsy has seven classes a day.
- 3) Betsy washes her face and brushes her teeth after she gets dressed.
- 4) Betsy comes back home at quarter to four.
- 5) Betsy doesn't like reading books.
- 6) After having a rest, Betsy does her homework.

## Activity 11

Match the time with the clocks

- 1)  a) It is ten past ten.
- 2)  b) It is quarter past five.
- 3)  c) It is twenty past eleven.
- 4)  d) It is twenty to ten.
- 5)  e) It is ten to one.
- 6)  f) It is quarter to seven.
- 7)  g) It is five to two.
- 8)  h) It is five past seven.
- 9)  i) It is half past nine.
- 10)  j) It is twenty five to eight.



Study the numbers

Numbers 10-100

<b>10</b> Ten	<b>20</b> Twenty	<b>30</b> Thirty	<b>40</b> Forty	<b>50</b> Fifty
<b>60</b> Sixty	<b>70</b> Seventy	<b>80</b> Eighty	<b>90</b> Ninety	<b>100</b> One hundred

Numbers 100-1000

<b>200</b> Two hundred	<b>400</b> Four hundred	<b>700</b> Seven hundred
<b>300</b> Three hundred	<b>800</b> Eight hundred	<b>1000</b> One thousand

Examples:

**683** → Six hundred eighty three.

**475** → Four hundred seventy five.

**962** → Nine hundred sixty two.

**Activity 12**

Write the numbers

- 1) I have \_\_\_\_\_ (149) crayons in my pencil box.
- 2) There are \_\_\_\_\_ (328) students at Atatürk Secondary School.
- 3) The number of this bus is \_\_\_\_\_ (571).
- 4) This building is \_\_\_\_\_ (437) cm. tall.
- 5) Tommy has \_\_\_\_\_ (892) marbles.
- 6) This bicycle is \_\_\_\_\_ (264) Turkish liras.



**Activity 13**

Write the numbers

a) 99 = _____	f) 44 = _____
b) 87 = _____	g) 76 = _____
c) 63 = _____	h) 18 = _____
d) 51 = _____	i) 35 = _____
e) 28 = _____	j) 72 = _____

a) One hundred = _____	f) Thirteen = _____
b) Sixty three = _____	g) Twenty four = _____
c) Eighty seven = _____	h) Thirty eight = _____
d) Ninety five = _____	i) Fifty seven = _____
e) Forty nine = _____	j) Seventy two = _____

**Activity 14**

Write the verbs using "-s" at the end

Play	_____	Start	_____
Brush	_____	Paint	_____
Go	_____	Listen	_____
Get up	_____	Arrive	_____
Study	_____	Comb	_____
Sleep	_____	Try	_____
Drink	_____	Learn	_____
Eat	_____	Teach	_____
Watch	_____	Cry	_____
Have	_____	Take	_____



**Activity 15**

Fill in the blanks with the correct form of the verbs in the box.

<b>study</b>	<b>eat</b>	<b>sleep</b>	<b>brush</b>	<b>come</b>	<b>do</b>
	<b>walk</b>	<b>play</b>	<b>listen</b>	<b>have</b>	

- 1) Margaret \_\_\_\_\_ her homework in the evenings.
- 2) William and Sarah \_\_\_\_\_ to school every morning.
- 3) David \_\_\_\_\_ football after school.
- 4) The students \_\_\_\_\_ their lunch at the canteen.
- 5) Jennifer \_\_\_\_\_ English at weekends.
- 6) The children \_\_\_\_\_ back home at four o'clock.
- 7) Sandra \_\_\_\_\_ her teeth every morning .
- 8) The cousins \_\_\_\_\_ to music before going to bed.
- 9) The baby \_\_\_\_\_ early in the evenings.
- 10) I \_\_\_\_\_ a toast at breakfast.

**Answer the questions about yourself**

- 1) What time do you get up? \_\_\_\_\_
- 2) How do you go to school? \_\_\_\_\_
- 3) What time do you go to bed? \_\_\_\_\_
- 4) What do you do after school? \_\_\_\_\_
- 5) Do you have your lunch at school? \_\_\_\_\_
- 6) Do you watch TV in the evenings? \_\_\_\_\_

1.



What do you do after you get up?

I wash my face after I get up.



Which one is related with the dialogue above?

A)



B)



C)



D)



2.



What does Smith do after he plays soccer?

A) He has a shower.

B) He brushes his teeth.

C) He washes his hands.

D) He goes to bed.

3.



Hello! I am Nina. I am a fifth grade student. I get up very early in the mornings. After having my breakfast, I leave home. I walk to school everyday. It takes me 15 minutes to arrive school. I have a lot of friends at school so I love there very much.

Which question doesn't have an answer in the speech above?

A) How does Nina go to school?

B) Does Nina like her school?

C) What does Nina do after having her breakfast?

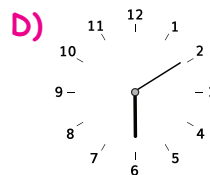
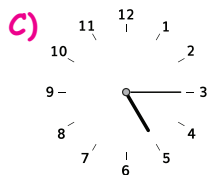
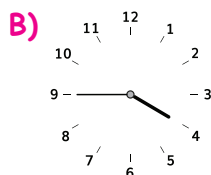
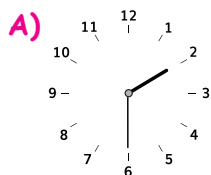
D) What is the name of Nina's school?

4.



I have a guitar course at quarter to four on Saturdays.

What time does he go to his guitar course?



5.



\_\_\_\_\_ ?



At half past seven in the evening.

Which of the questions below is suitable for the blank?

- A) What time do you get up?
- B) What time do you get on the school bus?
- C) What time do your classes start?
- D) What time do you have your dinner?

6.



Let's go skating! Be at the park at

What time do they meet at the park?

- A) At twenty past two.
- B) At twenty to two.
- C) At twenty to fourteen.
- D) At fourteen past twenty.

1.



I have a folk dance course at twenty to four in the afternoon.

What time does she go to her folk dance course?

- A) B) C) D)

Answer the questions 2 - 3 according to the text below.

Richard is a student. he gets up early in the morning. He washes his face and brushes his teeth. He gets dressed quickly. He has his breakfast before the school bus comes. His classes start at nine am. He has four classes before lunch. He has his lunch at the canteen at quarter past twelve. After lunch, he has three classes more. His school finishes at quarter to four and he arrives home at twenty past four. This is Richard's daily routine on weekdays.

2. Which of the times isn't mentioned in the text above?

- A) B) C) D)

3. Which of the following is wrong according to the text above?

- A) Richard has eight classes in a day.  
 B) Richard has lunch at the school canteen.  
 C) Richard goes to school by school bus.  
 D) Richard comes back home after thirty five minutes from the school.

4.

At weekends, Cassy gets up late. She has breakfast with her family. She reads a book after breakfast. In the afternoon, she goes to her violin course. After the course, she usually meets her friends at a cafe. Cassy loves weekends very much.

Which of the activities doesn't Cassy do at weekends?

- A) B) C) D)

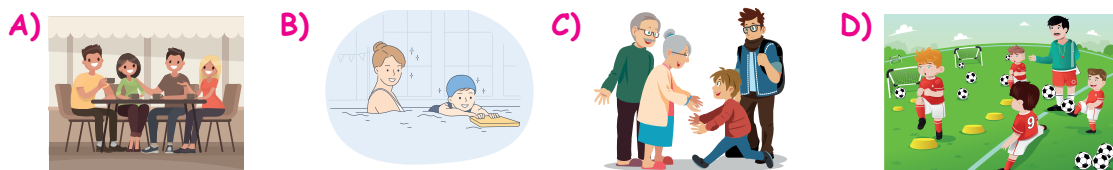
Answer the questions 2 - 3 according to the text below.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soccer training after school	—	Go grocery shopping with mother	Soccer training after school	Meet friends at a cafe 16:00	Swimming Course 11:00-13:00	Visit grand parents

5. Which of the following is wrong according to the table above?

- A) David doesn't do anything on the second day of the week.
- B) David swims for two hours at weekend.
- C) David goes shopping with his mum at the last day of the week.
- D) David goes to soccer training twice a week.

6. Which activity does Martin do more than once in a week?



7.



\_\_\_\_\_ ?

I always get up at half past seven.

\_\_\_\_\_ ?

Yes, of course. I always have it. It is very healthy.

\_\_\_\_\_ ?

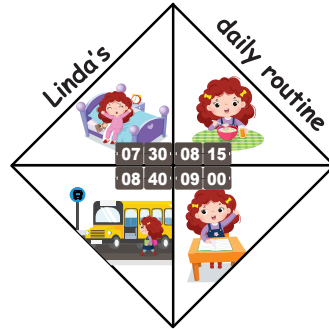
They start at quarter to nine.



Which of the questions isn't suitable with the answers above?

- A) How many classes do you have in a day?
- B) What time do your classes start?
- C) Do you have breakfast every morning?
- D) What time do you get up?

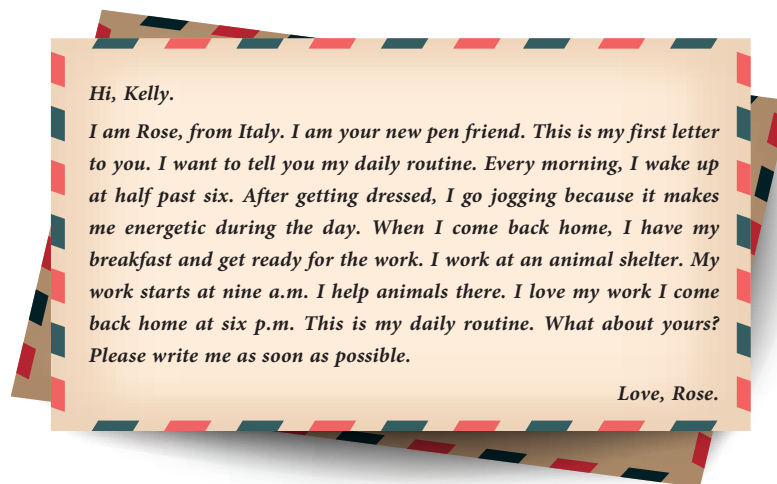
8.



Which of the following is wrong according to the information above?

- A) Linda gets up at half past seven in the mornings.
- B) Linda has her breakfast at quarter to eight.
- C) Linda gets on the school bus at twenty to nine.
- D) Linda's classes start at nine o'clock.

Answer the questions 9 - 10 according to the text below.



9. Which of the following is not one of Rose's daily routines?



10. Which of the choices is not true according to the text above?

- A) Rose goes jogging every morning.
- B) Rose's job is related with animals.
- C) Rose is Kelly's new penfriend.
- D) Rose doesn't like the place of her work.



## UNIT 5 HEALTH

### Vocabulary

<b>Backache</b>	→	Bel, sırt ağrısı
<b>Blanket</b>	→	Battaniye
<b>Broken</b>	→	Kırık
<b>Carry</b>	→	Taşımak
<b>Cough</b>	→	Öksürük
<b>Faint</b>	→	Bitkin
<b>Fever</b>	→	Ateş, ateşlenmek
<b>Hurt</b>	→	Acımak
<b>Medicine</b>	→	İlaç
<b>Pain</b>	→	Ağrı, acı
<b>Patient</b>	→	Hasta
<b>Pill</b>	→	Hap, ilaç
<b>Relative</b>	→	Akraba
<b>Syrup</b>	→	Şurup
<b>Terrible</b>	→	Berbat
<b>The flu</b>	→	Grip
<b>The measles</b>	→	Kızamık
<b>Tissue</b>	→	Kağıt mendil
<b>Toothache</b>	→	Diş ağrısı



- \* Hasta görünen bir kişiye neyi olduğunu sorarken;
  - What is the matter with you?  
(Neyin var?)
  - What is the matter with him/her?  
(Onun neyi var?)
  - What is wrong with you?  
(Derdin ne?)
  - What is wrong with him/her?  
(Onun derdi ne?)
  
- \* Hastalığımızı söylerken have - has fiilini kullanırız.
  - I have a sore throat.  
(Boğazım ağrıyor.)
  - He/She has a headache.  
(Onun başı ağrıyor.)
  
- \* Nasıl hissettiğimizi söylerken "feel" fiilini kullanırız.
  - I feel faint.  
(Bitkin hissediyorum.)
  - He/She feels tired.  
(Yorgun hissediyor.)
  
- \* İhtiyaçlarımızdan bahsederken "need" fiilini kullanıyoruz.
  - I have a headache. I need a painkiller.  
(Başım ağrıyor. Ağrı kesiciye ihtiyacım var.)
  - She feels cold. She needs a blanket.  
(O üşüyor. Battaniyeye ihtiyacı var.)



## SHOULD

Bir kişiye yapması veya yapmaması gereken şeyleri tavsiye şeklinde söylerken "should" yapısını kullanıyoruz.

(+)  
Positive Sentences

Subject + should + verb + object

- You **should** brush your teeth every day.  
(Her gün dişlerini fırçalamalısın.)
- We **should** have breakfast every morning.  
(Her sabah kahvaltı yapmalıyız.)
- Sarah **should** go to a dentist because she has a toothache.  
(Sarah diş doktoruna gitmeli çünkü dişi ağrıyor.)

(-)  
Negative Sentences

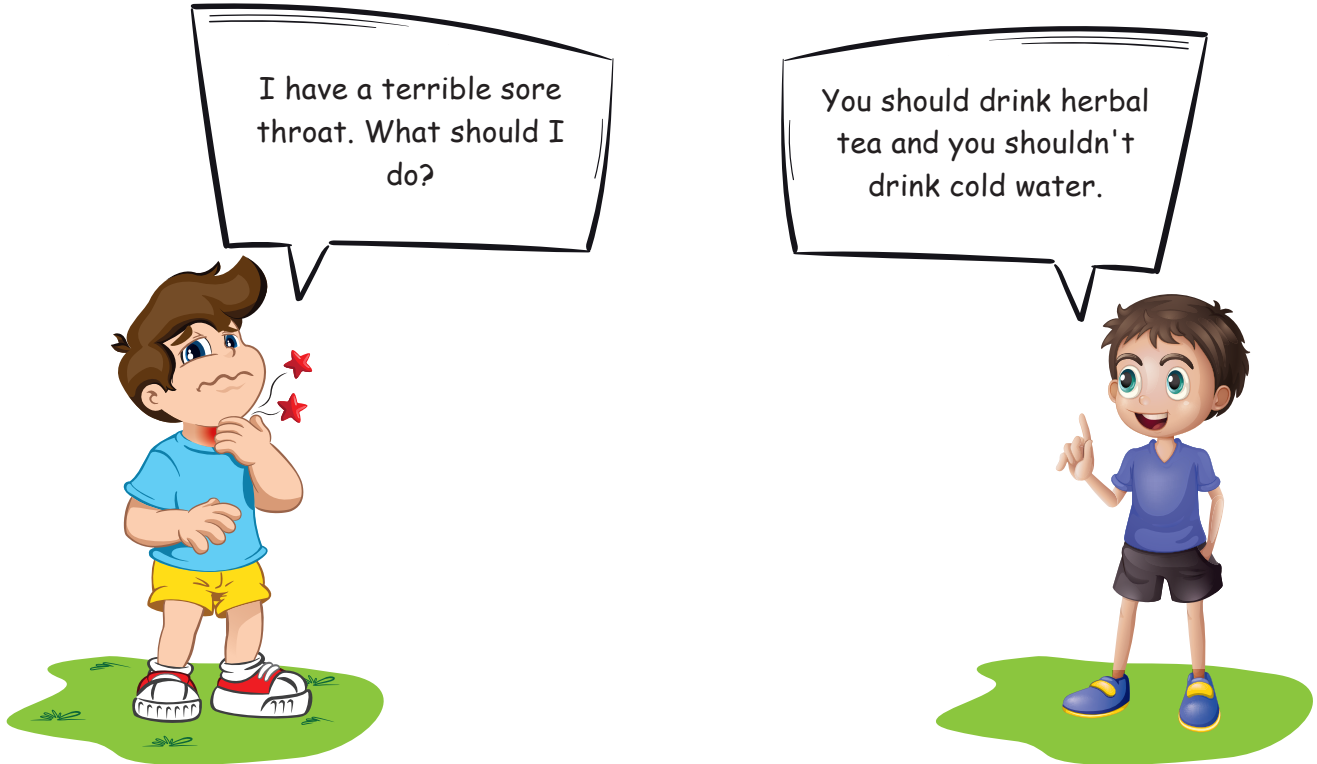
Subject + shouldn't + verb + object

- You **shouldn't** drink cold water.  
(Soğuk su içmemelisin.)
- We **shouldn't** sleep late.  
(Geç yatmamalıyız.)
- Thomas **shouldn't** carry heavy things because he has a backache.  
(Thomas ağır şeyler taşımamalı çünkü bel ağrısı var.)

(?) Question Sentences

should + subject + verb + object?

- Emma has a headache. Should she take a painkiller?  
(Emma'nın başı ağrıyor. Ağrıkesici almalı mı?)
- Brian has a stomachache. What should he do?  
(Brian'ın karnı ağrıyor. Ne yapmalı?)  
→ He should drink mint and lemon tea.  
(Nane limon çayı içmeli.)
- I feel cold. What should I do?  
(Üşüyorum. Ne yapmalıyım?)  
→ You should put on a blanket.  
(Üzerine battaniye almalısın.)



Activity 16

Write the names of the Illnesses from the box

- Sneeze
- Runny nose
- Broken leg
- Fever
- Toothache
- Backache
- Measles
- Earache
- Stomachache
- Headache
- Sore throat
- Cough



get well soon

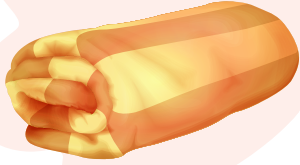
**Activity 17**

**Order the dialogue below**

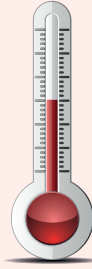
- \_\_\_\_\_ You have the flu, Jack.
- \_\_\_\_\_ Oh, I don't feel well, doctor.
- \_\_\_\_\_ You don't need medicine. You should rest at home.
- \_\_\_\_\_ Do you have a cough?
- \_\_\_\_\_ Get well soon, Jack.
- \_\_\_\_\_ What is the matter with you, Jack?
- \_\_\_\_\_ What should I do?
- \_\_\_\_\_ No, I don't, but I have a fever.
- \_\_\_\_\_ Thank you, doctor.

**Activity 18**

**Find the missing letters**



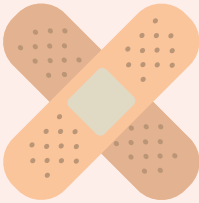
B \_ \_ n \_ \_ t



T \_ \_ mo \_ \_ er



L \_ \_ on and  
m \_ \_ t \_ a



P \_ \_ s \_ \_ r



P \_ \_ nk \_ \_ l \_ r



T \_ \_ s \_ e

## Sample Question

ILLNESSES	TREATMENT
1 * Cut on finger	→ plaster
2 * Have cold	→ blanket
3 * Have a headache	→ painkiller
4 * Have a backache	→ cough syrup

Which of the matchings above is incorrect?

A) 1

B) 2

C) 3

D) 4

## We Solved It!

Soruda yukarıdaki eşleştirmelerden hangisinin yanlış olduğu soruluyor. A şıkkı → "Cut on finger" parmakta kesik → "plaster" yarabandı. B şıkkı → "Have cold" soğuk algınlığı, üşümek → "blanket" battaniye. C şıkkı → "Have a headache" başı ağrımak → "painkiller" ağrı kesici. Tüm bunlar uygun eşleştirmeler. D şıkkı → "Beli ağrımak "Have a backache → "Cough syrup" → öksürük şurubu. Yanlış bir eşleştirme.

Cevap: D

## Your Turn 3

When you have a \_\_\_\_\_, You should take a painkiller and have a rest in a dark room.

Which of the following is suitable for the blank above?

A) measles

B) headache

C) sore throat

D) runny nose

## Answer 3

Activity 19

Solve the puzzle and find the hidden words

M	Q	D	S	J	G	B	K	C	W	C	Z	I	N	D	F	E	S	A
E	U	M	K	T	O	H	V	M	H	F	O	J	A	C	R	Q	O	N
T	L	M	I	N	O	D	S	Q	E	G	O	L	G	K	U	B	R	C
C	O	V	P	E	W	M	K	N	S	A	B	I	D	X	N	J	E	H
A	X	O	G	S	T	C	A	H	E	E	S	G	Z	F	N	P	T	M
D	A	N	T	Z	B	H	S	C	L	E	C	L	M	W	Y	G	H	B
F	H	D	O	H	F	Z	E	N	H	C	Z	B	E	V	N	S	R	C
E	J	E	C	Q	A	V	K	A	S	A	O	E	F	S	O	K	O	O
V	B	M	A	L	I	C	X	T	D	V	C	A	X	J	S	D	A	U
E	K	C	N	R	D	E	H	W	V	A	U	H	I	C	E	T	T	G
R	G	A	H	X	A	W	B	E	P	H	C	L	E	P	G	E	L	H
D	F	L	J	E	F	C	G	O	A	N	E	H	T	Z	N	F	A	W
X	B	A	C	K	A	C	H	E	M	F	D	R	E	O	V	F	P	C
C	I	K	B	N	Q	E	Z	E	X	H	L	W	P	A	K	L	N	L
A	B	R	O	K	E	N	A	R	M	K	G	B	F	E	J	U	D	B

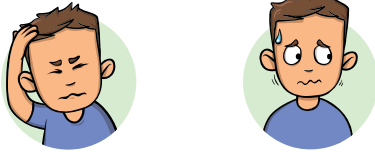
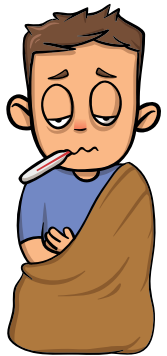
- Headache
- Measles
- Broken arm
- Toothache
- Stomachache



- Flu
- Sore throat
- Backache
- Earache
- Cough



- Runny nose
- Sneeze
- Cold
- Mumps
- Fever





**Activity 20**

Fill in the blanks with the correct answers

- \* You shouldn't drink cold water.
- \* You should put on a blanket.
- \* You shouldn't carry heavy things.
- \* You should use a plaster.
- \* You should go to a dentist.



I have a backache. What should I do?

\_\_\_\_\_

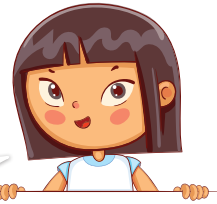
\_\_\_\_\_



I have a toothache. What should I do?

\_\_\_\_\_

\_\_\_\_\_



I have a sore throat. What should I do?

\_\_\_\_\_

\_\_\_\_\_



I feel cold. What should I do?

\_\_\_\_\_

\_\_\_\_\_



I have a cut on finger. What should I do?

\_\_\_\_\_

\_\_\_\_\_



## Activity 21

Fill in the blanks with **SHOULD** or **SHOULDN'T**

- 1) You \_\_\_\_\_ eat too much candies.
- 2) You \_\_\_\_\_ brush your teeth twice a day.
- 3) You \_\_\_\_\_ carry heavy things.
- 4) You \_\_\_\_\_ go to school when you are ill.
- 5) You \_\_\_\_\_ have a rest at home.
- 6) You \_\_\_\_\_ sleep eight hours a day.
- 7) You \_\_\_\_\_ wash your hands regularly.
- 8) You \_\_\_\_\_ eat junk food.
- 9) You \_\_\_\_\_ drink cold water when you are ill.
- 10) You \_\_\_\_\_ use a plaster if you have a cut on finger.

## Activity 22

Read the sentences and write **TRUE** or **FALSE**

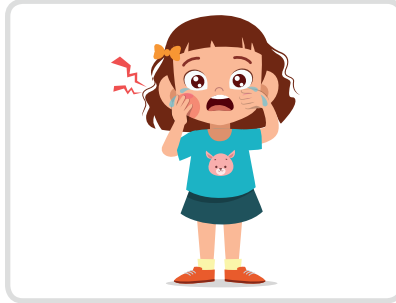
- 1) You shouldn't do exercise regularly.
- 2) You should drink fresh fruit juice.
- 3) You should drink warm water.
- 4) You shouldn't take vitamin C.
- 5) You shouldn't get fresh air every day.
- 6) You should go to bed on time.
- 7) You shouldn't eat too much candies.

Activity 23

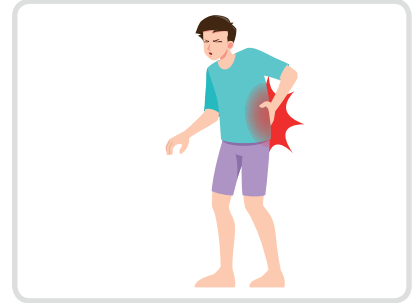
Answer the questions according to the pictures



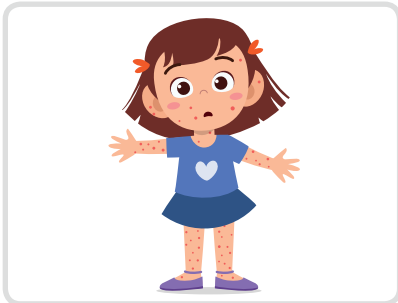
What is the matter with him?



What is the matter with her?



What is the matter with him?



What is the matter with her?



What is the matter with her?



What is the matter with him?

Activity 24

Find and Circle the odd one.

- Cold
- Flu
- Painkiller
- Earache

- Thermometer
- Tissue
- Plaster
- Measles

- Lemon and mint tea
- Honey
- Fever
- Herbal tea

- Medicine
- Mumps
- Measles
- Sore throat

- Mumps
- Pills
- Painkiller
- Syrup

- Cough
- Sneeze
- Blanket
- Runny nose

## Sample Question

The precautions for the Coronavirus

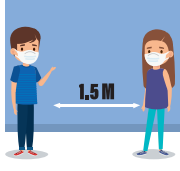
- Wear face masks outside.
- Vaccine for the covid - 19
- Keep at least 1,5 m distance between other people.

Which precaution isn't mentioned above?

A)



B)



C)



D)



## We Solved It!

Soruda yukarıdaki listede bahsedilmeyen Coronavirus önleminin hangisi olduğu soruluyor. A şıkkı → Vaccine for Covid-19 B şıkkı → Keep 1,5 distance, D şıkkı → Wear face mask. Bu üç şık listede yer alıyor. C şıkkındaki elleri yıkamak listede yok.

Cevap: C

## Your Turn 4

Tony: What is the matter with you, Rosy?

Rosy: I have got the measles.

Tony: What are the symptoms of it?

Rosy: \_\_\_\_\_.

Tony: Get well soon, Rosy.

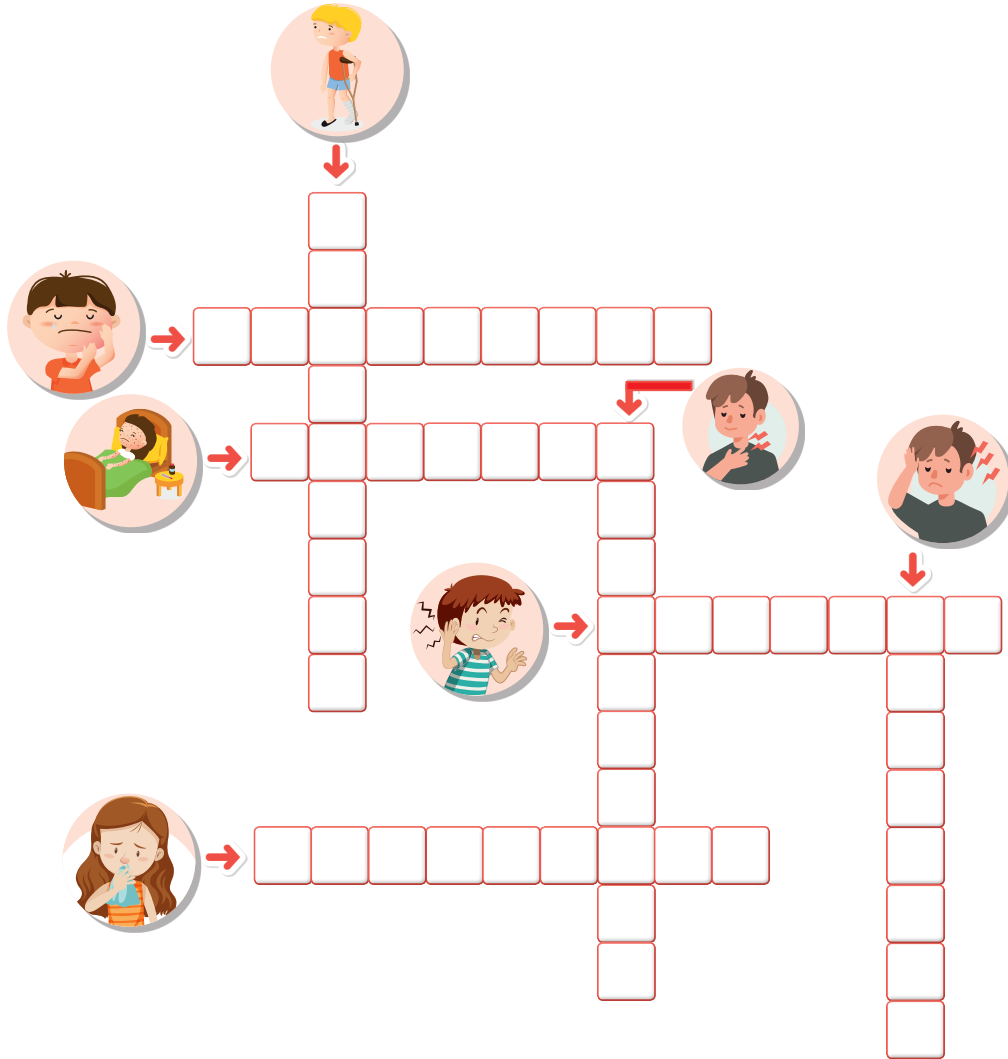
Which of the following is true for the blank above?

- A) There appears red spots on your skin.      B) You have a terrible cough.  
C) You have a runny nose.                      D) Your throat hurts terribly.

## Answer 4

Activity 25

Solve the puzzle



Activity 26

Match the words with the pictures

1) Painkiller



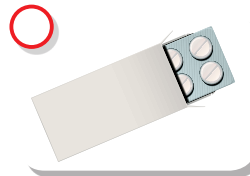
4) Tissue

2) Lemon and mint tea



5) Toothbrush

3) Bandage



6) Syrup

## Activity 27

## Read the text and answer the questions



This is Anabelle. She isn't at school today, because she is ill. She has the measles. There are red spots on her face and body. The doctor gives her some medicine and syrup. She should stay in bed and has a rest. Her mother gives her warm milk. She should sleep well. During

the day, she reads books and watches TV. Anabelle doesn't go to school for ten days, because her illness is infectious. She can infect her illness to her friends.

1) Why doesn't Anabelle go to school today?

---

2) What is the matter with her?

---

3) What are there on her face and body?

---

4) What does her mother give Anabelle?

---

5) What does Anabelle do during the day?

---

6) How many days doesn't Anabelle go to school?

---

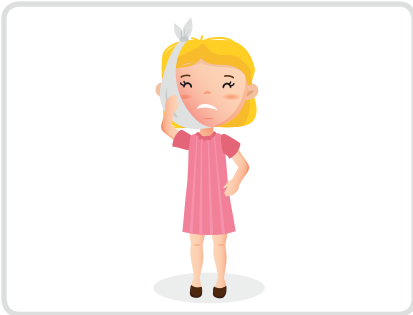
7) What can Anabelle do to her friends?

---

**Activity 28**

Match the sentences with the pictures and write the names

- a) Justin has a broken arm.
- b) Sandy has a high temperature
- c) Grace has a toothache.
- d) Martin has a pain in his stomach.
- e) Robert has a backache.
- f) Ashlee has got the measles.



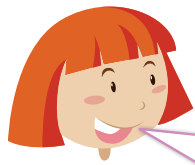
**Activity 29**

Write sentences with "should" and "shouldn't"

- Don't eat too much sweet.
- Don't drink fizzy drinks.
- Wash your hands regularly.
- Brush your teeth twice a day.
- Use face mask outside.
- Don't carry heavy things.

- 1) You should \_\_\_\_\_.
- 2) You shouldn't \_\_\_\_\_.
- 3) You should \_\_\_\_\_.
- 4) You shouldn't \_\_\_\_\_.
- 5) You should \_\_\_\_\_.
- 6) You shouldn't \_\_\_\_\_.

1.



My father has a backache.  
What should he do?



- A) He should use some tissues.
- B) He shouldn't carry heavy boxes.
- C) He shouldn't eat fast food.
- D) He should go to the dentist.

2.

 <span style="border: 1px solid red; border-radius: 50%; padding: 2px;">1</span>	 <span style="border: 1px solid red; border-radius: 50%; padding: 2px;">2</span>	 <span style="border: 1px solid red; border-radius: 50%; padding: 2px;">3</span>	 <span style="border: 1px solid red; border-radius: 50%; padding: 2px;">4</span>
↓	↓	↓	↓
Cough	Measles	Runny nose	Stomachache

Which of the matchings is wrong?

- A) 1
- B) 2
- C) 3
- D) 4

3.



What is the matter with Tom?

He has a \_\_\_\_\_ ?

What should he do?

He should carry and use some tissues.



Which of the following is true for the blank above?

- A) runny nose
- B) broken arm
- C) toothache
- D) sore throat



4.



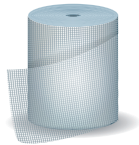
There is coronavirus all over the world.  
We should use face masks.

Which one is mentioned above?

A)



B)



C)



D)



5.



Thomas shouldn't go to school today because he has a stomachache.

Which one is Thomas?

A) 1

B) 2

C) 3

D) 4

6.



Which option is true for the blank above?

A) go to school

B) eat fast food

C) do some exercises

D) stay in bed

1.



Martin can't come to school today, because he has a broken leg.

Which one is Martin?

A)



B)



C)



D)



2.



You look worried, Sue. What's the problem?



I cut my finger while doing art work. It is bleeding.

Oh, you need a \_\_\_\_\_ . I bring it immediately. Don't worry!

Which one is true for the blank above?

A) plaster

B) blanket

C) water bottle

D) thermometer

3.



Oh, I have a terrible stomachache. I can vomit. What should I do?



You should \_\_\_\_\_ . It can be good for your stomach.

Which of the following is true for the blank above?

A) take a warm shower.

B) drink mint and lemon tea.

C) stick a plaster on it.

D) brush your teeth twice a day.

4.



According to the information above, who needs to go to a dentist?

- A) Bruce                      B) Julia                      C) Paul                      D) Lina

Answer the questions 5-6 according to the text below

Christina isn't at school today, because she is ill. She has the coronavirus. It is a very infectious illness. She can't come to school for many days because she is in quarantine. The doctor says, she should stay at home, have a rest and drink water, fruit juice, lemonade etc. She should keep away from other people and never stay with them in the same place. The quarantine takes ten days. She can read books, watch movies or listen to music.

5. Which of the following can't complete the sentence below?

Christina should \_\_\_\_\_ .

- A) stay at home.                      B) keep away from other people.  
 C) go to the near places.                      D) have a rest at home.

6. Which of the choices is not correct according to the text?

- A) Christina has an infectious illness.  
 B) Some of her friends can visit Christina at her home.  
 C) Drinking liquids is very useful for the treatment of coronavirus.  
 D) Christina stay in the house for ten days.

7.



Brandon

We should go outside more often.

What can we do for not to be infected by coronavirus?

We should always use face masks when we are outside.



Helen



Kelly

We should always wash our hands and use disinfectant.



We should keep social distance with other people.



Rick

Which children speaks incorrectly?

- A) Brandon      B) Helen      C) Kelly      D) Rick

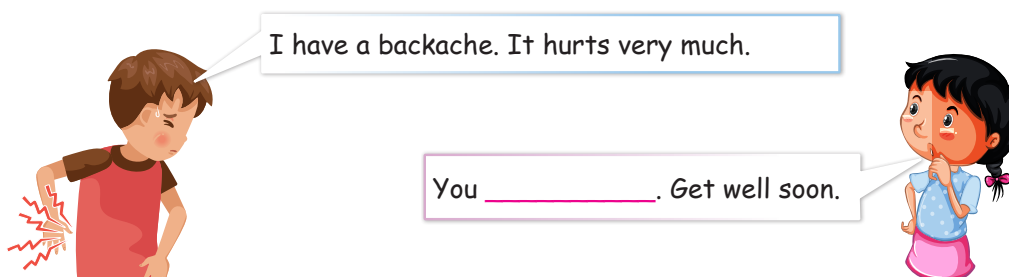
8.



Which of the following is suitable for the blank above?

- A) put on a plaster on it.      B) fill in your tooth.  
C) keep it warm.      D) wrap it with a bandage.

9.



Which option completes the sentence above correctly?

- A) should drink warm water with honey.  
B) shouldn't eat too much candies and chocolate.  
C) shouldn't carry heavy things.  
D) should drink herbal tea.

**Activity 1**

h	c
f	j
e	a
b	i
g	d

**Activity 2**

- |                  |                   |
|------------------|-------------------|
| 1) brushes       | 5) Does           |
| 2) doesn't       | 6) Do / play      |
| 3) play          | 7) gets up        |
| 4) don't / takes | 8) doesn't / does |

**Activity 3**

- |      |      |      |
|------|------|------|
| 1) d | 3) f | 5) c |
| 2) a | 4) e | 6) b |

**Activity 4**

- I don't listen to music every day.  
? Do you listen to music every day?
- Nancy doesn't get on the school bus at eight o'clock.  
? Does Nancy get on the school bus at eight o'clock?
- + George studies his lessons every day.  
- George doesn't study his lessons every day.
- + Juliet combs her hair in the mornings.  
? Does Juliet comb her hair in the mornings?
- + The children play football in the garden.  
- The children don't play football in the garden.
- + We sleep early at nights.  
? Do we sleep early at nights?

**Activity 5**

- It is ten to nine a.m.
- It is half past seven p.m.
- It is twenty five past one p.m.
- It is ten past two a.m.
- It is twenty five to six p.m.
- It is quarter to eleven a.m.
- It is quarter past four a.m.
- It is twenty to ten p.m.
- It is five past eleven a.m.

**Activity 6**

- She has breakfast at half past seven a.m.
- He comes back home at quarter past four p.m.
- He goes to his guitar course at one o'clock p.m.
- She does her homework at quarter to seven p.m.

**Activity 7**

Sally has her lunch at the school cafeteria.	Sally combs her hair every morning.
Sally reads a book before going to bed.	Sally gets on the bus in the mornings.

**Activity 8**

It is half past one.  
It is quarter past seven.  
It is ten o'clock.

It is ten past nine.  
It is quarter to eleven.  
It is five to four.

**Activity 9**

- Its name is Shining Secondary School.
- She gets up at half past seven.
- She has six classes a day.
- She has dinner.
- She goes to bed at half past ten.

**Activity 10**

False / False / True / True / False / True

**Activity 11**

- 1) f      4) j      7) c      10) g  
 2) i      5) b      8) h  
 3) a      6) e      9) d

**Activity 12**

- 1) one hundred forty nine  
 2) three hundred twenty eight  
 3) five hundred seventy one.  
 4) four hundred thirty seven  
 5) eight hundred ninety two  
 6) two hundred sixty four

**Activity 13**

- a) Ninety nine      f) Forty four  
 b) Eighty seven      g) Seventy six  
 c) Sixty three      h) Eighteen  
 d) Fifty one      i) Thirty five  
 e) Twenty eight      j) Seventy two

**Activity 14**

- a) 100      d) 95      g) 24      j) 72  
 b) 63      e) 49      h) 38  
 c) 87      f) 13      i) 57

**Activity 15**

plays	starts
brushes	paints
goes	listens
gets up	arrives
studies	combs
sleeps	tries
drinks	learns
eats	teaches
watches	cries
has	takes

**Activity 15**

- 1) does      5) studies      9) sleeps  
 2) walk      6) come      10) eat  
 3) plays      7) brushes  
 4) have      8) listen

**Activity 16**

Broken leg / Stomachache / Toothache  
 / Sore throat / Measles / Backache /  
 Headache / Cough / Runny nose / Earache /  
 Sneeze/ Fever

**Activity 17**

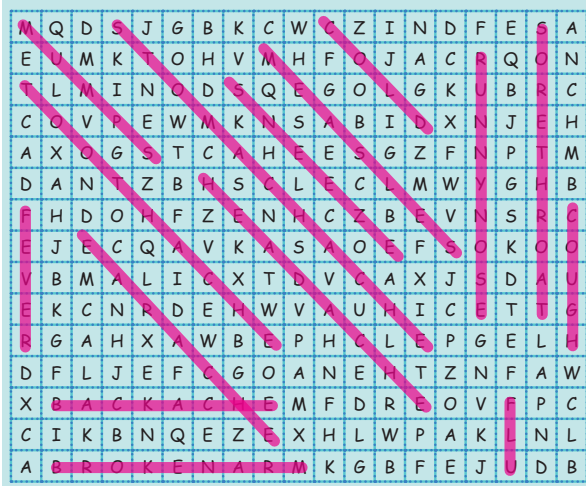
5 / 2 / 7 / 3 / 9 / 1 / 6 / 4 / 8

**Activity 18**

Blanket / Thermometer / Lemon and mint  
 tea / Plaster / Painkiller / Tissue

## CEVAP ANAHTARI

### Activity 19



### Activity 20

You shouldn't carry heavy things.  
 You should go to a dentist.  
 You shouldn't drink cold water.  
 You should put on a blanket  
 You should use a plaster.

### Activity 21

- |              |              |
|--------------|--------------|
| 1) shouldn't | 6) should    |
| 2) should    | 7) should    |
| 3) shouldn't | 8) shouldn't |
| 4) shouldn't | 9) shouldn't |
| 5) should    | 10) should   |

### Activity 22

- |          |          |         |
|----------|----------|---------|
| 1) False | 4) False | 7) True |
| 2) True  | 5) False |         |
| 3) True  | 6) True  |         |

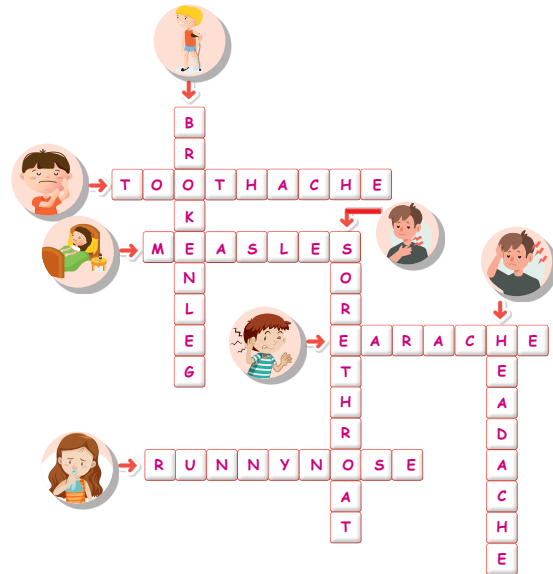
### Activity 23

He has a broken arm and leg.  
 She has a toothache.  
 He has a backache.  
 She has the measles.  
 She has a runny nose.  
 He has a stomachache.

### Activity 24

Painkiller / Measles / Fever / Medicine /  
 Mumps / Blanket

### Activity 25



### Activity 26

- |   |   |
|---|---|
| 6 | 3 |
| 4 | 2 |
| 5 | 1 |

**Activity 27**

- 1) Because she is ill.
- 2) She has the measles.
- 3) There are red spots on her face and body.
- 4) She gives her warm milk.
- 5) She reads books and watches TV.
- 6) She doesn't go to school for ten days.
- 7) She can infect her illness to her friends.

**Activity 28**

- Martin has a pain in his stomach.
- Ashlee has got the measles.
- Sandy has a high temperature.
- Grace has a toothache.
- Justin has a broken arm.
- Robert has a backache.

**Activity 29**

- 1) brush your teeth twice a day.
- 2) eat too much sweet.
- 3) wash your hands regularly.
- 4) drink fizzy drinks.
- 5) use face mask outside.
- 6) carry heavy things.

**Your Turn**

1	2	3	4		
B	D	B	A		

TEST 1	1	2	3	4	5	6		
	C	A	D	B	D	A		

TEST 2	1	2	3	4	5	6	7	8
	D	B	A	C	C	D	A	B
	9	10						
	C	D						

TEST 3	1	2	3	4	5	6		
	B	D	A	C	A	D		

TEST 4	1	2	3	4	5	6	7	8
	C	A	B	D	C	B	A	B
	9							
	C							